

# Discussion Questions

9/16/07

1. What, if anything do you feel that I am not sharing with you, whether it is tangible or intangible? How does that make you feel?
2. Take turns marking an 'X' on each of the lines below to indicate how selfish you perceive yourselves to be in each area. Discuss your marks afterwards

Time	Selfish-----Selfless
Money	Selfish-----Selfless
Decision Making	Selfish-----Selfless
Chores	Selfish-----Selfless
Activity Choices	Selfish-----Selfless

3. What has worked for us when we have tried to be less selfish in the past?
4. Something you do that makes me want to hide (protect) myself is \_\_\_\_\_
5. When I feel hurt the differences and sensitivities I try to cover up are \_\_\_\_\_